

# KAREN BALAC PHYSICAL THERAPY, PLC

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## HEALTH SCREENING QUESTIONNAIRE

Name \_\_\_\_\_ Date \_\_\_\_\_ Age \_\_\_\_\_

Circle any/all of the specific problems or conditions you now have or have ever had. Explain all yes responses below and include the date problem began.

### Medical History

- |                                   |                                   |
|-----------------------------------|-----------------------------------|
| Y/N High blood pressure           | Y/N Cancer (type) _____           |
| Y/N Diabetes                      | Y/N Asthma/Emphysema/COPD         |
| Y/N Neurologic/Multiple Sclerosis | Y/N Heart disease                 |
| Y/N Stroke/Head injury            | Y/N Broken bones/Joint problems   |
| Y/N Allergies                     | Y/N Low back pain/Sciatica        |
| Y/N Latex sensitivity or allergy  | Y/N Sexually transmitted diseases |
| Y/N Smoking habit                 | Y/N HIV/AIDS                      |
| Y/N Other please describe _____   |                                   |

Date of last pelvic/prostate exam \_\_\_\_\_ Date of urinalysis \_\_\_\_\_

Other tests \_\_\_\_\_

### Surgical History

- |                                    |                                       |
|------------------------------------|---------------------------------------|
| Y/N Surgery for your back/spine    | Y/N Surgery for your bladder          |
| Y/N Surgery for your brain         | Y/N Surgery for your prostate         |
| Y/N Surgery for your female organs | Y/N Surgery for your abdominal organs |

Other/describe \_\_\_\_\_

### Ob/Gyn History (females only)

- |   |                                 |
|---|---------------------------------|
| Y/N Childbirth vaginal deliveries # _____ | Y/N Vaginal dryness             |
| Y/N Episiotomy # _____                    | Y/N Painful periods             |
| Y/N C-Section # _____                     | Y/N Menopause - when? _____     |
| Y/N Difficult childbirth # _____          | Y/N Painful vaginal penetration |
| Y/N Prolapse or organ falling out         | Y/N Pelvic pain                 |
| Y/N Other /describe _____                 |                                 |

### Bladder /Bowel

- |   |   |
|---|---|
| Y/N Trouble initiating urine stream       | Y/N Trouble emptying bladder completely   |
| Y/N Childhood bladder problems            | Y/N Recurrent bladder infections          |
| Y/N Constant dribbling of urine           | Y/N Constipation/straining for movement   |
| Y/N Blood in urine                        | Y/N Trouble holding back gas/feces        |
| Y/N Urinary hesitancy/slow stream         | Y/N Trouble feeling bowel/urge/fullness   |
| Y/N Trouble feeling bladder urge/fullness | Y/N Difficulty stopping the urine stream  |
| Y/N Dribbling after urination             | Y/N Straining or pushing to empty bladder |
| Y/N Other/describe _____                  |   |

**Explain all yes responses** \_\_\_\_\_

### Medication

### Start date

### Reason for taking

_____	_____	_____
_____	_____	_____
_____	_____	_____